

First American Experiences Group



Tour activity Levels

Our goal is to schedule a variety of activities for you to enjoy on our Experiences Group trips and tours. While day by day itineraries and articles will provide specific details concerning the number and scope of activities included each day, we feel a tour pace scale will be helpful as you evaluate a good fit. Upcoming trips featured in our eMagazine will include an activity rating on a rising 1-5 scale. Just look for the red circle.

Level 1:

Planned at a very leisurely pace, this tour involves minimal physical activity, such as climbing some stairs, boarding a motor coach, and walking from the hotel reception area to rooms and dining areas.

Level 2:

This tour requires average physical activity. You should be in good health, able to climb stairs and walk reasonable distances, possibly over uneven ground and cobblestone streets.

Level 3:

This tour includes moderate physical activity. The itinerary blends some longer days with shorter days and more leisure time. You should plan for walking tours, as well as walking slightly longer distances, up stairs or on uneven walking surfaces.

Level 4:

To truly experience the program and destination, you need to be able to participate in physical activities such as longer walking tours, walking over uneven terrain, climbing stairs and periods of standing. Some of the touring days may be longer, including activities occurring later in the evening.

Level 5:

A very active tour, participants must be physically fit to fully enjoy all the experiences. The itinerary has more strenuous activities which may include: extensive walking tours, transfers over uneven dusty terrain, high altitudes, early morning departures, late night activities, or extreme temperatures. All conditions do not apply to all days so please read the itinerary carefully and speak to your Experiences coordinator to determine if this trip is right for you. We recommend this program to individuals who are physically fit. Regrettably, this tour is not appropriate for individuals who use walkers or wheelchairs.

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